

城北華人基督教會 國語部每日靈修

Daily Hope

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但願使人有盼望的神
因信將諸般的喜樂平安
充滿你們的心使你們借
聖靈的能力大有盼望

新錄羅馬書十五章十三節



2019.09.29 (Sunday) Devotion

Title: [The Holy Spirit Brings God's Truth to Mind]

"The Holy Spirit ... will be your teacher and will bring to your minds all that I have said to you." (John 14:26)

God speaks through ideas from the Holy Spirit. He gives you thoughts. He gives you suggestions. He puts impressions or notions in your mind. When the devil talks to you, that is temptation. But when God talks to you in your mind, we call that inspiration.

Jesus says in John 14:26, *"The Holy Spirit ... will be your teacher and will bring to your minds all that I have said to you"* (Phillips).

The Holy Spirit is our teacher and counselor. He's like a personal coach! I know people who spend tens of thousands of dollars on a life coach.

I've had a life coach for 30 years as we grew Saddleback Church. His name is the Holy Spirit. I'm constantly asking God, "What's next, God? Holy Spirit, what do you want me to do?"

Notice it says, "bring to your minds." The Holy Spirit speaks directly to your mind. He doesn't speak in an audible voice. I have never in my life heard God speak in an audible voice. Why would he need to? He doesn't need to go through my ears. He goes directly to my mind. *"His Holy Spirit speaks to us deep in our hearts and tells us that we really are God's children."* (Romans 8:16 NLT).

If the Holy Spirit brings God's truth to mind, that means there's got to be something in there to bring out. That's why you need to get into the Bible. When you read, study, and fill your mind with God's Word, you are storing the truth in your mind, and then the Holy Spirit can bring it to mind at just the right time.

Sometimes you may read the Bible and say, "I didn't get anything out of it today." You don't have to get something out of the Bible every time

2019.09.29 (週日) 靈修

題目: [聖靈使人想起神的真理]

「但保惠師，就是父因我的名所要差來的聖靈，他要將一切的事指教你們，並且要叫你們想起我對你們所說的一切話。」（約翰福音 14:26）

神藉著聖靈向你說話。祂賜與你想法。祂給予你建議。祂把感受或理念放在你心中。當魔鬼對你說話，那是試探。但當神與你心靈交談，我們稱之為靈感。

耶穌在約翰福音 14:26 中對腓力說：「就是父因我的名所要差來的聖靈，他要將一切的事指教你們，並且要叫你們想起我對你們所說的一切話。」

聖靈是我們的老師和輔導員。祂就像一位私人教練！我知道有人會花幾萬塊錢去僱一位人生導師。

伴隨著馬鞍峰教會的壯大，我有一位 30 多年的人生導師。祂的名字叫做聖靈。我不斷地問神：「神啊，下一步是什麼？聖靈，祢要我怎樣做？」

注意聖經上說的：「叫你們想起」。聖靈的話語直接傳入你的心。祂不是用聽得到的聲音講話。我從來沒有在我人生中聽到神用聽得見的聲音講話。祂怎麼會需要呢？祂不需要經由我的耳朵就直接進入我的心裏。「聖靈與我們的心同證我們是神的兒女。」（羅馬書 8:16）

如果聖靈使我們想起神的話，這意味著那話中有些東西需要被表明出來。這就是為什麼你需要讀聖經。當你閱讀、研習，心中充滿神

2019.09.30 (Monday) Devotion

Title: [Sometimes God Speaks By Saying Nothing]

“If God is silent, what’s that to you? If he turns his face away, what can you do about it? But whether silent or hidden, he’s there, ruling.” (Job 34:29 MSG)

Sometimes God speaks by saying nothing. This is extremely frustrating to us! But God has his reasons when he’s silent. You have to just wait and trust him. If you run ahead of God saying, “I haven’t heard anything from God, so I’m just going to go ahead and do this” and you don’t trust him, you’re going to have all kinds of problems and be filled with regret.

There are many examples of this in the Bible. One of them was King Saul, the first king of Israel. He was getting ready to go to battle, and he went to God and said, “God, what do you want me to do in this battle?”

But Saul hadn’t been right with God for a long time. The Bible says in 1 Samuel 28:6, *“Saul prayed to GOD, but GOD didn’t answer — neither by dream nor by sign nor by prophet”* (MSG).

Saul tried to find an answer three different ways, and he still didn’t get it. So he got impatient. He got desperate, and he turned to the occult — something he had outlawed in the country. He said, “Go find a spiritual advisor. Find me a medium, a psychic, a witch, somebody who can conjure up spirits or do a séance.” He knew it was wrong, and he did it anyway because he got desperate. And you know what happened? He lost everything. He lost the battle. He lost his reputation. He lost his life. He didn’t wait to hear from God, and he suffered great consequences.

So what do you do when God is silent?

First, you remember that God is in control. Job 34:29 says, “If God is silent, what’s that to you? If he turns his face away, what can you do about it? But whether silent or hidden, he’s there, ruling.” God may not share his plan with you, but it doesn’t mean he doesn’t have one. He has

a plan and purpose for your life. He loves you. He’s a good God. And he’ll take care of you if you’ll just wait on him.

Second, you trust God. The Bible says in Psalm 50:14, “*I want you to trust me in your times of trouble, so I can rescue you and you can give me glory*” (TLB). God is asking you today, “Will you trust me? Will you trust me with that financial problem? Will you trust me with that dream? Will you trust me with that ache in your heart? Will you trust me with that stress? Will you trust me with that loneliness? Will you trust me with that desire to get married? Will you trust me with that health issue? Will you trust me with your dreams and ambitions? Will you trust me?”

Talk It Over

Pray this prayer aloud or in your heart: “Dear God, I don’t want to go through life without hearing from you. I want to learn to listen. Thank you for the Bible. Help me to read it. Thank you for gifted teachers. Help me to act on what they teach. Help me to make some godly friends that I can trust and listen to. I want to be open to the ideas that you place in my mind. When I’m in pain, help me to learn from it, not run from it. Most of all, help me to trust you and your plan when you’re silent. Jesus Christ, I want to get to know you and love you like you love me. In your name I pray. Amen.”

2019.09.30 (週一) 靈修

題目: [有時神以『不說』來說]

「但祂若保持緘默，誰能定祂有罪？祂若掩起臉來，誰能看得見祂？個人和國家都靠祂垂顧。」(當代譯本, 約伯記 34:29)

有時神藉著什麼也不說的方式跟我們講話。這對我們來說是一件很洩氣的事！但是神沉默是有原因的。你必需做的就是等待並信靠祂。如果你搶在神之前說：「我沒有聽到神的指示，所以我就準備這樣做了。」你不信靠祂，那麼你將會遇到各種難題並且滿足後悔。

在聖經裏有很多這樣的例子。其中一個便是掃羅王，他是以色列的第一個王。掃羅王準備好了要上戰場，他來到神面前說：「神啊，祢想要我在這場戰爭中怎樣做？」

但是掃羅已經沒有遵從神很久了。撒母耳記上 28:6 說：「掃羅求問耶和華，耶和華卻不藉夢，或烏陵，或先知回答他。」

掃羅為尋求神的答案嘗試了三種不同的方式，但他還是失敗了。所以他失去了耐心。他絕望了，並開始嘗試得到巫術的幫助，這是他在自己的國家立法禁止的。他說：「當為我找一個交鬼的婦人，我好去問她。」他知道那是不對的，但是因為絕望，他還是做了。你知道接下來發生了什麼嗎？他失去了一切。他打敗了仗，丟失了名譽，失去了生命。他沒等著聽到神的指示，所以他遭受了非常嚴重的後果。

所以，當神沉默的時候，你怎樣做？

第一，你要記得神在掌權。約伯記 34:29 說：「但祂若保持緘默，誰能定祂有罪？祂若掩起臉來，誰能看得見祂？個人和國家都靠

祂垂顧，」神可能沒有與你分享祂的計劃，但那並不意味著祂沒有計劃。神在你生命中早有計劃和目標。祂愛你，祂是一個良善的神。只要你等候祂，祂就會眷顧你。

第二，你要信靠神。詩篇 50:14 中講到：「你們要以感謝為祭獻與神，又要向至高者還你的願。」神正在問你：「你相信我嗎？你會把你的財務難題交託給我嗎？你會把你的夢想、你心中的痛、你的生活壓力、你的寂寞、你想結婚的渴望、你的健康問題、你的夢想和抱負交託給我嗎？你相信我嗎？」

生命反思

出聲禱告或在心中默禱：「親愛的神，我不想經歷聽不到祢聲音的人生。我想要學會聆聽。謝謝祢賜給我們聖經，請幫助我讀懂它。謝謝祢賜予有恩賜的導師，請幫我實踐他們所教導的功課。幫助我交一些屬靈的朋友，讓我可以相信並請教他們。我想要敞開心房接收祢傳給我的意念。當我在痛苦時，請幫我從中學習，而不是逃離。最重要的是，請幫助我信靠祢和祢的計劃，即使是在祢沉默無聲的時候。耶穌基督，我想要認識祢並愛祢，就像祢愛我一樣。奉祢的名祈禱。阿們。」

靈修筆記

2019.10.01 (Tuesday) Devotion

Title: [Do You Want to Hear from God?]

“I will climb up to my watchtower and stand at my guardpost. There I will wait to see what the LORD says and how he will answer.” (Habakkuk 2:1 NLT)

Hearing from God starts with a desire. You have to want to hear from God!

Habakkuk 2:1 says, *“I will climb up to my watchtower and stand at my guardpost. There I will wait to see what the LORD says and how he will answer”* (NLT).

Habakkuk begins with these words: “I will.” In other words, he’s saying that he is deciding to listen to God. It’s a choice.

You’re never going to hear God unless you want to hear God. It’s just that simple. God speaks to those who decide in advance that they’re going to do whatever God tells them to do before he even tells them. He does not play games. He wants you to desire communication with him and for you to say, “God, you tell me what to do, and I’ll do it.”

Once you decide you want to hear from God, you have to withdraw to a quiet place. Habakkuk 2:1 says, *“I will climb up to my watchtower,”* which is a Hebrew expression that means to get alone.

You cannot hear God’s voice if you’re surrounded by noise. That’s why you’ve got to find a quiet place. Would you agree that it’s tough to find a quiet place in today’s world? How about in your own house? Parents of preschoolers know what I’m talking about.

Let me give you parents a little encouragement. Susanna Wesley had 18 children, and two of her sons changed history. John Wesley was the founder of the Methodist church, and Charles Wesley wrote hundreds of Christian hymns. Both of them attributed their love for God to their mom’s passionate dedication to the Lord. She prayed every day. How

do you find time to withdraw and pray every day when you have 18 kids? Sometime in the afternoon, she would sit down in her rocking chair and pull her long apron up over her head. All the kids knew that if they disturbed mom when the apron was over her head, they were in for it!

Jesus gives us some very specific advice in Matthew 6:6: *“Find a quiet, secluded place so you won’t be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace”* (MSG).

There are two words that will motivate your decision to withdraw and get away with the Lord: God cares. God cares about what you’re going through. If you don’t realize that he cares, why would you want to spend any time with him? Once you realize how much he cares, how much grace he has to give to you, then you’ll make the decision to withdraw and be with him.

Talk It Over

- In what ways do you show God that you want to hear from him?
- What is your quiet, secluded place? How does it help you hear from God?

2019.10.01 (週二) 靈修

題目: [你想要聽見神嗎?]

「我要站在守望所，立在望樓上觀看，看耶和華對我說什麼話，我可用什麼話向他訴冤。」（哈巴谷書 2:1）

想聽到神說話要從你的渴望開始。你必須想要聽到神說話！

哈巴谷書 2:1 說：「我要站在守望所，立在望樓上觀看，看耶和華對我說什麼話，我可用什麼話向他訴冤。」

哈巴谷寫下的開頭幾個字是：「我要」。換句話說，他說他決定要聆聽神。這是一個選擇！

除非你渴望聽到神說話，否則你永遠聽不到。就是這麼簡單。神會對那些在還沒聽到祂的旨意之前就事先決定要遵從祂旨意行事的人說話。祂不玩遊戲。祂希望你渴望與祂溝通，祂希望你說：「神啊，祢要我做什麼，我就做什麼。」

你一旦決定渴望聽到神的話，你就必須要抽身到一個安靜的地方。哈巴谷書 2:1 說：「我要站在守望所」，在希伯來文中這是要獨處的意思。

如果你被噪音環繞，則無法聽到神的聲音。因此你要找一個安靜的地方。你是否同意在如今的世界裏很難找到一個安靜的地方？自己的家中如何？家裏有幼稚園小孩的家長就知道我在說什麼。

讓我給你們有孩子的家長一些鼓勵。蘇珊娜·衛斯理有 18 個小孩，其中兩個兒子改變了歷史。約翰·衛斯理創立了衛理公會；查理·衛斯理寫了上百首基督教聖歌。兩個人都把他們對神的愛歸功於他們母親對主的熱愛。她每天禱告。當你有 18 個小孩的時候你怎樣去

每天找到時間抽身去禱告呢？每天下午她會花一段時間坐在搖椅上，把她的長圍裙拉起來蓋住頭。所有的小孩都知道，如果他們在媽媽把圍裙蓋住頭時打擾她，就有苦頭吃了！

耶穌在馬太福音 6:6 中給了我們非常清楚的指示：「你祈禱的時候，要進你的內屋，關上門，禱告你在暗中的父。你父在暗中察看，必然報答你。」

有幾個字可以鼓勵你抽身與神溝通：「神關心你」。神關心你現在的生活經歷。如果你沒有意識到這一點，你為什麼會想要與祂相處？你一旦了解祂有多麼關心你，祂能給你多少恩典，你就會決定抽身與神獨處。

生命反思

- 你如何讓神知道你想要聽到祂說話？
- 哪裏是你的內屋？這個地方怎麼幫助你聽到神說話？

靈修筆記

[illegible]

2019.10.02 (Wednesday) Devotion

Title: [What Do You Do While You Wait on the Lord?]

"I will wait to see what the LORD says and how he will answer."
(Habakkuk 2:1 NLT)

After you withdraw to a quiet place to hear from God, you need to wait and calm your thoughts and emotions. You have to settle down!

Habakkuk 2:1 says, *"I will wait to see what the LORD says and how he will answer"* (NLT). This means stay put and be still until you hear from God.

Why is that important? Because hurry is the death of prayer. The reason why you don't hear God is because you're in too much of a hurry. "God, I want to hear from you. But hurry up! I've got to make it to my next appointment."

God speaks to people who take the time to listen. You must want to hear from God, withdraw to a quiet place away from distractions, and then calm yourself and wait.

There are four things you can do while you wait to hear from God.

Relax your body. When your body relaxes, it relaxes your mind. Then you're more open and able to hear God better. Psalm 46:10 says, *"Be still, and know that I am God"* (NIV).

Wait quietly. Psalm 62:5 says, *"Let all that I am wait quietly before God, for my hope is in him"* (NLT). Busyness ramps up the RPMs in your mind. It gets it going. Have you ever gotten your mind going so fast you can't slow it down? Waiting quietly allows your engine to cool down.

Wait patiently. *"Be still in the presence of the LORD, and wait patiently for him to act"* (Psalm 37:7). Inner calm creates the intercom to God. In other words, it makes the connection. When you get quiet, you can

2019.10.02 (週三) 靈修

題目: [在等候主時你做什麼？]

「看耶和華對我說什麼話，我可用什麼話向他訴冤。」（哈巴谷書 2:1 下）

當你抽身到一個安靜的地方去聆聽神，你需要等待並要安定你的心思和情緒，你必須平靜下來！

哈巴谷書 2:1 說：「看耶和華對我說什麼話，我可用什麼話向他訴冤。」意思就是說要靜止下來，直到你聽到神說話為止。

為什麼這個重要？因為匆忙是禱告的殺手。你聽不到神話語的原因是因為你總是匆匆忙忙。「神啊，我要聽到祢的話語，但是趕快！我要趕赴我下一個約會。」

神會跟肯花時間聆聽的人說話。你必須想要聽到神，抽身到一個安靜的地方，遠離干擾，然後把你的心安靜下來等待。

當你在等候聆聽神的時候，你可以做四件事：

放鬆你的身體。當你的身體放鬆時，你的心靈也會跟著放鬆。然後你就會更放得開，更可以清楚地聽到神的話語。詩篇 46:10 說：「你們要休息，要知道我是神！」

安靜地等候。詩篇 62:5 說：「我的心哪，你當默默無聲，專等候神，因為我的盼望是從他而來。」忙碌會加快你心靈的轉速，會讓它停不下來。你有沒有頭腦轉得太快而慢不下來的經歷？安靜的等待可以使你的引擎冷靜下來。

耐心地等待。「你當默然倚靠耶和華，耐性等候他。」（詩篇 37:7）。內在的平靜開啟你和神的對講機。換句話說，它開啟你與神的連結。當你安靜下來，你能把你的心專注於神和祂想跟你說的話上。

2019.10.03 (Thursday) Devotion

Title: [Whose Voice Are You Listening To?]

“Start with GOD — the first step in learning is bowing down to GOD; only fools thumb their noses at such wisdom and learning.”
(Proverbs 1:7 MSG)

Have you noticed that the moment you establish a goal in your life, you start hearing people say, “Who do you think you are?” or “It can't be done” or “Forget about it”?

The antidote to the voices of doubt is to instead listen to the voice of God. Just imagine all the critics that were in Noah's life. “That guy Noah thinks God speaks to him, but he's just messing up all of our property values by building that ark in his front yard.”

The Bible tells us that Noah listened to God. And what did he hear? He heard God's warning that the world was going to be destroyed. He believed what he had not yet seen. That's what faith is — being certain of something we don't see.

So Noah didn't turn back on the vision God had given him. Instead, he built the ark.

God is going to give you a goal for your life, and some people may think it's pretty crazy. But you've got to stay focused on what you know God has said through his Word, the Bible. Then, you've got to go build your ark!

Talk It Over

- What are ways you've allowed fear or criticism to keep you from reaching your goals?
- What dream would you pursue if you were not afraid of criticism?
- How can you practice listening for God voice?

2019.10.03 (週四) 靈修

題目: [你在聆聽誰的聲音？]

「敬畏耶和華是知識的開端，愚妄人藐視智慧和訓誨。」（箴言 1:7）

你有否留意到當你建立一個人生目標的時候，就會聽到有人說：「你以為你是誰啊？」或者：「這是不可能的。」或者：「忘掉這個吧」？

對於別人的質疑，解決的方法就是聆聽神的話語。想像一下，挪亞一生中面對多少批評。「那個傢伙挪亞，以為神對他說話，他在自己的前院造了個大方舟，卻把我們的地價搞得一團糟。」

聖經告訴我們，挪亞聽從了神的話。那麼他聽到了什麼呢？他聽到神的警告，這世界很快就要被毀滅。挪亞相信了他還沒有看到的事情。那就是信心——堅信我們還沒看見的事。

所以，挪亞沒有否定神給他的啟示。相反，他造好了那個方舟。

神會為你的人生預備一個目標。有一些人會認為這很荒唐。但是，你一定要專注，了解神藉著聖經對我們說的話，然後就必須建造你的方舟！

生命反思

- 在哪些情況下，你會讓懼怕或批評阻礙你去實現目標？
- 若不是害怕別人的批評反對，你會追求哪些夢想？
- 你有什麼方法可以去練習聆聽神的聲音？

靈修筆記

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

2019.10.04 (Friday) Devotion

Title: [To Hear God, Get Near God]

"It is the Lord who gives wisdom; from him come knowledge and understanding." (Proverbs 2:6 TEV)

You say, "I want to trust God, but I don't hear him."

You don't hear God when your mind is filled with a thousand other distractions. To hear God, you've got to get near God. You've got to get alone with God and be quiet.

The Bible says, "*Be still and know that I am God*" (Psalm 46:10 NIV). That means sit down and shut up. That's how you hear God and get near to God. You have to sit alone and just be quiet with your Bible and say, "God, is there anything you want to say to me?" You read God's Word, and you talk to him about what's on your heart.

And, God says he will give you the wisdom you need to recognize his voice and follow through on what he says: "*It is the Lord who gives wisdom; from him come knowledge and understanding*" (Proverbs 2:6 TEV).

Pray this today: "God, I want to listen to you, not the voices of doubt. I want to get close to you and get to know you better. I want to hear you, and I promise to then obey you. I want to be one of the people that you can use and bless in the next 10 years. I want those years to be a decade of destiny for me and my family."

Talk It Over

- What do you need to change about the way you meet with the Lord so that you can be quiet and draw near to him?
- Do you regularly hear from God? How do you normally react to his voice and what he tells you to do?
- How can you show God that you are ready to obey what he tells you to do?

2019.10.04 (週五) 靈修

題目: [若要聽見神，就當靠近神]

「因為耶和華賜人智慧，知識和聰明都由他口而出。」（箴言 2:6）

你說：「我要信靠神，但是我聽不見祂。」

當你的心思被千種雜念充滿的時候，你就聽不見神。若要聽到神，你必須靠近神。你必須和神安靜地獨處。

聖經說：「你們要休息，要知道我是神！」（詩篇 46:10），這意思是說你要坐下，別說話。這樣你才能聽到神並靠近祂。你必須拿著聖經一個人安靜地坐好，說：「神啊，祢有沒有什麼事要跟我說？」你一邊讀神的話，一邊要告訴祂你心裏所想的事。

而且神說，祂會給你需要的智慧，讓你認識祂的聲音，理解祂所說的話：「因為耶和華賜人智慧；知識和聰明都由他口而出。」（箴言 2:6）

今天讓我們來禱告：「神啊，我要聽從祢，而不是聽懷疑的聲音。我要靠近祢，並要更認識祢。我要聽見祢，並保證會順服祢。我要成為你在未來十年能夠使用和祝福的人。我要讓這十年成為我和我家遵神旨意的十年。」

生命反思

- 你需要怎樣改變與神相遇的方式來使你心裏安靜去靠近祂？
- 你會經常聽見神嗎？對神的聲音和祂的命令，你通常有什麼反應呢？
- 你如何向神表示你已經準備好要服從祂的吩咐呢？

靈修筆記

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

2019.10.05 (Saturday) Devotion

Title: [God Always Provides. It's Your Job To Ask]

"Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else ?" (Romans 8:32 NLT)

When I was a kid, any time I needed something, I'd go talk to my dad. Sometimes what I needed was expensive, but I remember that not once as a kid did I worry about where my father was going to get the money for whatever I needed. That wasn't my job! It was my dad's job to figure out where the money was going to come from. It was my job as a kid to simply ask.

It's not your job to figure out how God's going to provide. It's your job to ask.

The Bible says in James 4:2, *"You do not have because you do not ask God"* (NIV) .

Here's the second key to stress management: Worry less, and ask more. Instead of worrying, pray about everything.

Romans 8:32 says, *"Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else ?"* (NLT)

If God solved your biggest problem, everything else is small by comparison. If God loved you enough to send Jesus to die for your sins, don't you think he loves you enough to help you with your finances?

Don't you think he loves you enough to help you with your health? With your relationships? With career decisions? With closing a deal? With your deadline ?

There's no area of your life that God is not interested in. He already knows what you need, but he still wants you to ask him for it. Instead of worrying, pray about everything.

Talk It Over

- What keeps you from asking God for the things that you need?
- Why do you think God wants you to ask him for what you need when he already knows all your needs?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

2019.10.05 (週六) 靈修

題目: [供應在神，祈求在人]

「神既不愛惜自己的兒子為我們眾人捨了，豈不也把萬物和他一同白白地賜給我們嗎？」（羅馬書 8:32）

在我小時候，每當我需要什麼的時候，我就去告訴我爸爸。有時候我想要的東西很貴，但我記得我從沒擔心過我爸爸要去哪裏賺到錢給我買東西。那不是我需要擔心的！我爸爸會想辦法賺到錢。作為一個孩子，我只需要簡單地去請求。

神要怎樣供應，你不需要擔心，你只需要去祈求。

雅各書 4:2 說：「你們得不著，是因為你們不求。」

減輕壓力的第二個關鍵是：少憂慮，多祈求。為一切事情禱告，而不是一味擔憂。

羅馬書 8:32 說：「神既不愛惜自己的兒子為我們眾人捨了，豈不也把萬物和他一同白白地賜給我們嗎？」

如果神解決了你最大的問題，相比之下，其他事情就顯得無足輕重了。如果神足夠愛你到甚至讓耶穌替你的罪而死，難道你不認為祂足夠愛你到祂會幫你解決財務問題嗎？難道你不認為祂也足夠愛你到祂會幫助你的健康、人際關係、職業選擇、生意成交、截止日期嗎？

神對你生命中的每一部分都熱切關注。祂已經知道你需要什麼，但祂仍然要你去祈求祂。不要擔憂，要為一切事情禱告。

生命反思

- 是什麼讓你無法向神祈求你所需要的？
- 你認為為什麼神已經知道你的所需，但祂還是要你去祈求祂呢？

靈修筆記

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

各樣美善的恩賜和怎樣
全備的賞賜都是從上頭來的
從眾光之父那裏降下來的
立他並沒有改變也沒有轉

動的光兒
羅馬書二章十七節

