

1 John 5:1-12

Overcoming the World

¹ Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the Father loves whoever has been born of him. ² By this we know that we love the children of God, when we love God and obey his commandments. ³ For this is the love of God, that we keep his commandments. And his commandments are not burdensome. ⁴ For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith. ⁵ Who is it that overcomes the world except the one who believes that Jesus is the Son of God?

Testimony Concerning the Son of God

⁶This is he who came by water and blood–Jesus Christ; not by the water only but by the water and the blood. And the Spirit is the one who testifies, because the Spirit is the truth. 7 For there are three that testify: *the Spirit and the water and the blood; and these three agree. 9 If we receive the testimony of men, the testimony of God is greater, for this is the testimony of God that he has borne concerning his Son. 10 Whoever believes in the Son of God has the testimony in himself. Whoever does not believe God has made him a liar, because he has not believed in the testimony that God has borne concerning his Son. 11 And this is the testimony, that God gave us eternal life, and this life is in his Son. 12 Whoever has the Son has life; whoever does not have the Son of God does not have life.

Believers, Overcomers, Witnesses



Clear your mind of today's tasks and prepare your heart to read the passage and reflect on God's word. Try putting yourself in the writer's shoes and focus on what you is being communicated in this passage.



When you believe that Jesus is the son of God and accept him as your Lord and Saviour, you become born again as a child of God. This is reflected in our baptism when we publicly proclaim our faith that Jesus is Christ. However, in our belief, we must also practice it as it reads in verse 3, "For this is the love of God, that we obey his commandments. And his commandments are not burdensome." Sometimes when we serve in ministry, we find that serving can be burdensome because we might serve out of obligation rather than love for God. But verse 4 continues to read, "for everyone who has been born of God overcomes the world. And this is the victory that has overcome the world-our faith." According to John, conquering or overcoming the world means successfully living in God's way rather than succumbing to the ways of the world and it is only through our faith that we are able to accomplish this. It is important for us to continue to be living testimonies of faith so that others may learn from our witness.



Where do you find yourself needing to conquer or overcome the world? Reflect on what you find burdensome in your faith and pray to God asking for strength so you can fully trust in Him.



Is your work becoming a burden on your faith, or has your faith become a burden on your work? Sometimes we separate work and faith but we should really have faith while we do our work. Look for areas where you can live out God's commandments to strengthen your faith and be a witness to others.