



DISCIPLING THE NATIONS

THE
LIVING
HOPE

Pastor-In-Charge
of Young Life Development

Rev. Dr. Irene Cheung

Senior Pastor

Rev. Dr. Samuel Chan

Associate Pastors

Rev. Dr. Linda Shum

Youth Pastors

Pastor Ray Lee

Pastor Kelly Tam

Pastor Lynn Ye-Chin

Pastor Alex Chan

Youth SPLAT Worship Services

Gr. 7-Gr.12

Sunday

11:00AM-12:15PM 📍GYM

2:00PM-3:15PM 📍Chapel

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RICHMOND HILL CHRISTIAN COMMUNITY CHURCH

📄 **SPLAT**

March 11, 2018

SERMON NOTES

Pastor Irene Cheung

40 Days of Prayer

HOW TO PRAY THROUGHOUT YOUR DAY

Developing a conversational relationship with God

BY DEVELOPING 2 HABITS

1. Keep a running conversation with God.

Ephesians 6:18

Pray in the spirit

at all times

with all kinds of prayers,

asking for everything you need..

To do this you must always be ready

and never give up.

And always pray for all God's people.

"Never stop praying! Pray all the time!"

(1 Thessalonian 5:17)

2. Schedule prayer times throughout my day.

"Seven times a day I praise You for Your righteous laws!"

(Ps. 119:164)

The Lord's Prayer – Matthew 6:9-13

v.9 ***"This, then, is how you should pray:***

“Our Father in heaven, hallowed be Your name,

v.10 Your kingdom come, Your will be done, on earth as it is in heaven.

v.11 Give us today our daily bread.

v.12 And forgive us our debts, as we also have forgiven our debtors.

v.13 And lead us not into temptation, but deliver us from the evil one.

For Yours is the kingdom and the power and the glory forever.

Amen.

A DAILY SCHEDULE BUILT ON THE LORD'S PRAYER – Matthew 6:9-13

Suggested by Pastor Rick Warren, Saddleback Church, CA, USA.

- i) **Get up with gratitude** (start each day with THANKSGIVING)
Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

James 1:17

Your prayer:

- ii) **Bless God's name at Breakfast** (PRAISE, ADORATION)

Those who know Your name trust in You, for You, Lord, have never abandoned those who truly seek You.

Ps. 9:10

Your prayer:

- iii) **At midmorning, remember what matters most** (DEDICATION)

If you seek first God's kingdom and His righteousness, all the other things will be given to you as well.

Matt. 6:33

Your prayer:

- iv) **List my needs at lunch and ask for what others need too** (PETITION)

And I will do whatever you ask in My name, so that the Father may be glorified in the Son.

John 14:13

Your prayer:

- v) **Ask for forgiveness in the afternoon** (CONFESSION)

"I confessed my sins to You and didn't try to hide them...then You forgave me and now all my guilt is gone!"

Ps. 32:5

Your prayer:

- vi) **Ask God to help me make wise decisions** (PROTECTION)

I will not look with approval on anything that is vile. I hate what faithless people do; I will have no part in it.

Ps. 101:3

Your prayer:

- vii) **End my day with encouraging truth** (BENEDICTION)

The fear of the Lord adds length to life...

Pro. 10:27a

Your prayer:

Application for the Week: Develop a conversational relationship with God.
Why not try out this daily schedule built on the Lord's Prayer!