

OVERCOMING FEAR

PSALMS 4

When I call, give me answers. God, take my side!
 Once, in a tight place, you gave me room;
 Now I'm in trouble again: grace me! hear me!
 You rabble—how long do I put up with your scorn?
 How long will you lust after lies?
 How long will you live crazed by illusion?
 Look at this: look
 Who got picked by God!
 He listens the split second I call to him.
 Complain if you must, but don't lash out.
 Keep your mouth shut, and let your heart do the talking.
 Build your case before God and wait for his verdict. Why is everyone hungry for more?
 "More, more," they say.
 "More, more."
 I have God's more-than-enough,
 More joy in one ordinary day Than they get in all their shopping sprees.
 At day's end I'm ready for sound sleep,
 For you, God, have put my life back together.



1. Lay them out. What are some things that you're afraid of?

2. Listen To God. How is God teaching you to overcome this fear?

3. Leave it to God. What do you want to say to him when you are afraid?

4. Let others help. Share your fears with someone in your family. Ask them to pray for you.

E	X	I	N	I	M	N	U	W	F	A	M	I	L	Y
S	K	N	F	Y	V	S	K	E	O	V	K	B	V	R
Y	E	F	U	K	U	Y	F	E	A	R	U	C	J	S
D	T	N	R	Q	W	T	E	W	V	K	H	L	H	U
D	I	J	Y	H	C	D	C	R	O	D	L	H	S	K
C	U	P	E	K	W	J	G	R	Y	W	O	N	Y	Y
R	W	H	Y	S	E	V	N	W	T	N	V	Q	Q	P
W	T	U	E	S	U	H	S	P	A	B	E	Z	N	I
E	R	I	U	A	C	S	C	H	C	H	U	R	C	H
F	U	S	A	L	R	F	Q	V	E	G	V	A	J	L
H	S	E	V	B	H	T	N	F	T	E	L	E	T	P
P	T	D	I	S	T	R	E	S	S	Q	P	Q	X	X
Z	P	U	P	S	A	L	M	S	I	T	V	P	N	K
N	W	O	V	E	R	C	O	M	I	N	G	U	J	T
W	L	W	H	W	F	Y	G	U	Y	P	Q	X	M	K

FIND
THESE
WORDS

- Jesus
- Psalms
- Sheep
- Trust
- Distress
- Heart
- Church
- Love
- Jesus
- Family
- Overcoming
- Fear

