

Semowah

Choreographed by: Kenny Teh

Counts : 64 Walls : 2 Level : Beginner

Music: Se Mo Hua by Hwu Hui Ping

ROCKING CHAIR, ½ TURN SHUFFLE

1-4 Rock right forward, recover to left, rock right forward, recover to left

5-8 Rock right forward, recover, ½ turn right shuffle forward

Count 1 and 3: push right forward, facing diagonally left, left hand on left hip

ROCKING CHAIR, ½ TURN SHUFFLE

1-4 Rock left forward, recover to right, rock left back, recover to right

5-8 Rock left forward, recover, ½ turn right shuffle forward

Count 1 and 3: push left forward, facing diagonally right, right hand on right hip

WEAVE, SHUFFLE

1-4 Step right, step left behind, step right, cross left over right

5-8 Step right to side, recover, cross shuffle right, left, right

Count 5: touch your right hand right

WEAVE, SHUFFLE

1-4 Step left, step right behind, step left, cross right over left

5-8 Step left to side, recover, cross shuffle left, right, left

Count 5: touch your left hand right

TOUCH, KICK, STEP, STEP, HIP BUMPS, SHUFFLE

1-4 Touch right, kick right forward, step right back, touch left in front of right

5&6 Bump hips right, left, right Left hand on left hip, right hand pointing right

7&8 Chassé forward left, right, left

TOE STRUTS X 4 MOVING FORWARD

1-8 Right-left, right, left moving forward

Both hands shoulder high, clicking fingers on even counts

TURN, RECOVER, SPOT SHUFFLE, TURN, RECOVER, SPOT SHUFFLE

1-4 $\frac{1}{4}$ turn right step right back, $\frac{1}{4}$ left recover to left, triple steps on the spot right, left, right

5-8 $\frac{1}{4}$ turn left step left back, $\frac{1}{4}$ right recover to right, triple steps on the spot left, right, left

Count 1: right hand touch diagonally back and you could be looking at your right fingers

Count 5: left hand touch diagonally back and you could be looking at your left fingers

TOE STRUTS TWICE, $\frac{1}{2}$ TURN FORWARD SHUFFLE TWICE

1-4 right toe struts moving back, left toe struts moving back

Both hands shoulder high, clicking fingers on even counts

5&6 $\frac{1}{2}$ turn right forward shuffle right, left, right

7&8 Chassé forward left, right, left

REPEAT