

# Seasons



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**Count:** 48    **Wall:** 4    **Level:** Beginner / Improver waltz  
**Choreographer:** Derek Robinson, UK. June 2016  
**Music:** Seasons of Love by Heartbeat. CD: Once in a Lifetime. (105 bpm).

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**Music Available from Amazon and Heartbeat Duo web site:**  
<http://www.heartbeatduo.com.au/buy-music-online/>

**Start after 12 counts. There is one easy restart on wall 5.**

**Sec 1: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

1-2-3 Cross right over left, step left to side, step right in place.  
4-5-6 Cross left over right, make ¼ turn left, stepping back on right, step left beside right (9.00)

**Sec 2: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

1-2-3 Cross right over left, step left to side, step right in place.  
4-5-6 Cross left over right, make ¼ turn left, stepping back on right, step left beside right (6.00)

**Sec 3: WEAVE LEFT, DRAG RIGHT.**

1-2-3 Cross right over left, step left to left side, cross right behind left.  
4-5-6 Step left a long step to left side, drag right toe up towards left, touch right toe beside left  
**(Restart here on wall 5 - you will be facing 6.00)**

**Sec 4: WALTZ 3/4 TURN, WALTZ BACK.**

1-2-3 ¼ turn right stepping forward on right, ½ turn right stepping back on left, step right beside left (3.00)  
4-5-6 Step back on left, step right beside left, step left in place

**Sec 5: FORWARD, SWEEP, FORWARD, POINT.**

1-2-3 Step forward on right, sweep left foot out and forward over two counts  
4-5-6 Step forward on left, point right toe to right side, hold

**Sec 6: BACK, SWEEP, BACK, POINT.**

1-2-3 Step back on right, sweep left foot out and back over two counts  
4-5-6 Step back on left, point right toe to right side, hold

**Sec 7: BACK ROCK, SIDE x 2.**

1-2-3 Cross rock right behind left, recover onto left, step right to right side  
4-5-6 Cross rock left behind right, recover onto right, step left to left side

**Sec 8: BACK ROCK, SIDE, BEHIND, SIDE, TOGETHER.**

1-2-3 Cross rock right behind left, recover onto left, step right to right side  
4-5-6 Cross left behind right, step right to right side, step left beside right

**Begin again**