

一個帶來蛻變，成長的生命更生課程

「尋索真我做個好漢子」[Quest for Authentic Manhood](#) 共有二十四節課程，除了 Dr Robert Lewis 通過 DVD 講課外，更重要每次弟兄們的小組按當日的講題討論，分享各人生命為他們帶來的影響和遇到的因難，收結連弟兄情宜共行人生路之效。課程的上半部，分析男人與生俱來的四個性格，後現代社會影響他們的社會，家庭，個人和心靈因素，教男人清理原生家庭在個人成長中背負的包袱，又為他們在社會單打獨鬥解困，解決這些外在環境帶來的生命垃圾。

課程接著通過聖經，從創世記開始，為男人解決與天生有墮落傾向帶來的煩惱，這個因亞當背叛神帶來的心靈傷痛，讓男人會苛刻地對待妻兒，忽視上帝放在他們生命的目標去追求私利，這樣會為家庭和社會帶來種種困擾。課程又提綱結領地教導男人去認真了解太太，認識婚姻真諦，教導丈夫要帶領家庭和協助家人靈命成長，做個無私服侍的領袖，改善子女關係協助他們訂立生命的願景。

課程又指出每個男士生命有一個共同點，他們都按年齡發展，經歷春，夏，秋冬四個不同的生命階段，每一個階段如果不去清理箇中垃圾，背負日益沉重的包袱到達生命的另一個階段就會舉步唯艱，不勝負荷就裹步不前，陷入困境。課程要學員身體力，總結所學通過回顧對過去和檢討現況，為周邊的人訂出補救計劃去更新，規劃個人的生命旅程去蛻變成為一個符合神造男人天職的好漢子，輕省地走完人生旅程。

Dr. Robert Lewis 通過課程為男人找到合符神造男人時的天職：「男人大丈夫要主動，堅負責任，服從神的旨意，做神指派的工作，親愛妻子，有勇氣帶領家庭，盼望將賞，神的獎賞。」這個課程只是學員們成長起步點，要經歷一段時間才可以慢慢蛻變。

「尋索真我，做個好漢子」是一個基礎課程，中級班叫在「在家庭和職場得勝」[Wining at Work and Home](#)。高級班叫「勇闖新天地」[The Great Adventure](#)。「男人的天空」在過去兩年已經完成了這頭兩個課程，共有一百三十多個人次參加，弟兄們獲益良多，有參加弟兄寢邊人，在結業的聚餐中作見證，她們到丈夫在參加課程後，在個人，對配偶和子女都有更親變化，籍得向各位推薦。

今年九月會我們再推出「尋索真我，做個好漢子」課程，十月為過去的學員續辦第三個講座，勇闖新天地，歡迎報名(sbcc_lam@rogers.com)。

The Quest for Authentic Manhood 2009/10 Schedule

尋索真我，做個好漢子 2009

<u>Date</u>	<u>Session</u>	<u>Remarks</u>
Sep 26	1. At the Starting Line: Five Manhood Promises.	
Oct 03	2. The Four Faces of Manhood.	
Oct 10	3. The First Step to Authentic Manhood: Looking Back.	Thanksgiving
Oct 17	4. The Second Step to Authentic Manhood: "Unpacking".	
Oct 24	5. Remembering Dad.	
Oct 31	6. Facing the Father Wound.	
Nov 07	7. The Overly-Bonded with Mother Wound.	
Nov 14	8. Making a Healthy Break with Mom.	
Nov 21	9. The All Alone Wound.	
Nov 28	10. Three Cheers for Mentors!	
Dec 05	11. The Wounded Heart.	
Dec 12	12. Implications of the Heart Wound.	
Dec 19	13. The Good News Solution to the Heart Wound.	
Dec 26	Holiday	Boxing Day
Jan 02	Holiday	New Year
Jan 09	14. "Saddle Up!" for the Second Half.	
Jan 16	15. Genesis and Manhood, Part 1.	Chinese New Year
Jan 23	16. Genesis and Manhood, Part 2.	
Jan 30	17. A Biblical Definition of Manhood, Part 1.	
Feb 06	18. A Biblical Definition of Manhood, Part 2.	
Feb 13	19. A Man and His Wife, Part 1.	Family Day
Feb 20	20. A Man and His Wife, Part 2.	
Feb 27	21. 25 Ways to Be a Servant-Leader.	
Mar 06	22. Fathers and Sons.	
Mar 13	23. Fathers and Daughters.	March Break
Mar 20	24. A Man and His Life Journey.	March Break
Mar 27	Graduation	

The Great Adventure 2009/10 Schedule

<u>Date</u>	<u>Session</u>	<u>Remarks</u>
Oct 24	1.Starting the Great Adventure	
Oct 31	2.Questions Every Adventurer Must Face	
Nov 07	3.Pausing to Process	
Nov 14	4.The Adventurer's "Wiring"	
Nov 21	5.The Adventurer's "Sacred Oath"	
Nov 28	6.Taking the Great Adventure Out of this World	
Dec 05	7.Every Man's Adventure with Eternity	
Dec 12	8.Refocusing My Life for Adventure	
Dec 19	9.Being Advised of Adventure Busters (Part I)	
Dec 26	Holiday	Boxing Day
Jan 02	Holiday	New Year
Jan 09	10.Being Advised of Adventure Busters (Part II)	
Jan 16	11.One of History's Best, Great Adventurers!	Chinese New Year
Jan 23	12.Your Unique Design	
Jan 30	13.Evidence of Your Unique Design (Part I)	
Feb 06	14.Your Unique Design test results	
Feb 13	15.Your Unique Design test results	Family Day
Feb 20	16.Your Unique Design test results	
Feb 27	17.Your Unique Design test results	
Mar 06	18.Design Encouragements	
Mar 13	19.How to Be a Great Adventurer	March Break
Mar 20	20.Final Thoughts	March Break
Mar 27	Graduation	